



Course Information

Course No.

CSK38F

Community Skills, Adult Learning Service: Course Information Sheet 2009-10

**If you require this information in large print or a different format,
please call us on 01642 490409**

Name of Course:	CIEH Level 2 Award in Healthier Food and Special Diets		
Day and Date(s):	Wednesday 14 th October 2009		
Time(s):	9.30-4.30		
Course Duration:	One - day	Total Number of Meetings:	1
Holidays:	n/a		
Level:	2		
Fee:	This course is FREE. Due to funding restrictions, priority for places is given to people who live in target areas in Redcar & Cleveland or people who volunteer with local organisations across Redcar & Cleveland. Remaining places will be allocated on a first come first served basis. You will be informed approximately 10 days before the course is due to start whether you have been allocated a place or not		
Tutor:	Pam Hardy		
Venue:	Redcar Education Development Centre, Corporation Road, Redcar TS10 1HA 01642 490409		

What you can expect to learn from this course:
<ul style="list-style-type: none">• This course has been designed to provide a good, basic understanding of nutrition and will cover the following areas :• Nutrition principles and terminology,• Diet and positive health including allergies and food intolerance,• Nutritional labelling and current legislation,• Dietary changes throughout life,• Food manufacturing and processing – effect on nutritional value.
Previous experience or qualifications you need:
<ul style="list-style-type: none">• No previous experience needed.
Ways in which you will learn:
Group work, individual work sheets, Q & A ,video/DVD .

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Please bring along the following to the course:
A pen/pencil and paper if you wish to make notes.
Qualification(s) you can work towards during the course:
Multiple-choice exam concludes the course.
What you can progress to:
There are a number of other options, both within Community Skills and offered by other training providers. Please ask for details. Please also take the opportunity on your evaluation form to request further sessions on this topic or a different topic from Community Skills, Adult Learning Service. Professional Information Advice & Guidance (IAG) available on request on 01642 490409.
How to book a place on this course:
To book a place, you must complete a Community Skills Booking Form. For a Booking Form, contact: Adult Learning Service main office, Redcar Education Development Centre, Corporation Road, Redcar TS10 1HA Tel: 01642 490409 Booking Forms must be posted or faxed to: Community Skills (Adult Learning Service) Redcar Education Development Centre, Corporation Road, Redcar, Cleveland. TS10 1HA Fax:01642 492388
How do you know if you have a place on the course?
Places are allocated approximately 10 days before the course starts. If you have been successful you will receive joining instructions and a map of the venue though the post. If you have not been given a place on this course we will keep your booking form on file and offer you a place as soon as we can.
Cancellations
If you have sent in a booking form and then wish to cancel your place, you must let the Community Skills Project know via the main office 01642 490409 48 hours before the course. If you do not cancel your place, you may be charged the equivalent of £10 per day for not attending

This information will be sent to people who request further information on a course.

Please note that with the agreement of the participants and the tutor, the outline of the course may differ.

If a tutor is sick or a session cannot run, you will be contacted via the telephone number on your Booking Form.