

YOU'VE
GOT
THIS.


YOUR
ACTIVE
LIVING
FUND

m v d a
supporting voluntary
and community action

RCVDA

Info Pack

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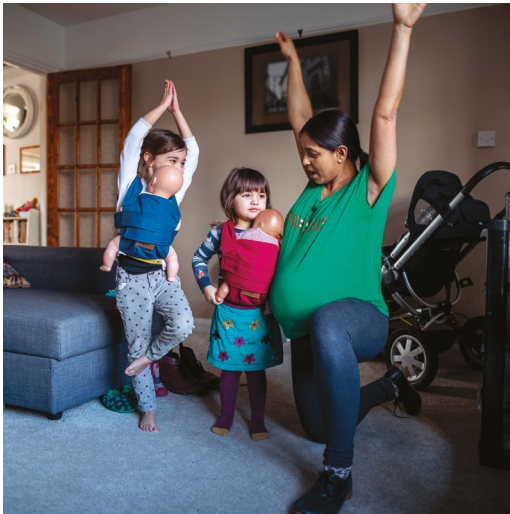
 @ygtmovement  You've Got This  @YouveGT  @youve_gt



We are looking for ideas that get local people and communities more active more often and this doesn't have to be sport related.

We want to support innovative ways of getting people motivated and doing more active things that improve their confidence, self-esteem, mental health and general wellbeing. We want to support initiatives that bring people together or provide individual support.

Ideas can be family focused, aimed at specific age groups, communities in a place or communities of interest. We are open to exploring any new ideas or diversifying / expanding existing projects or community activity.



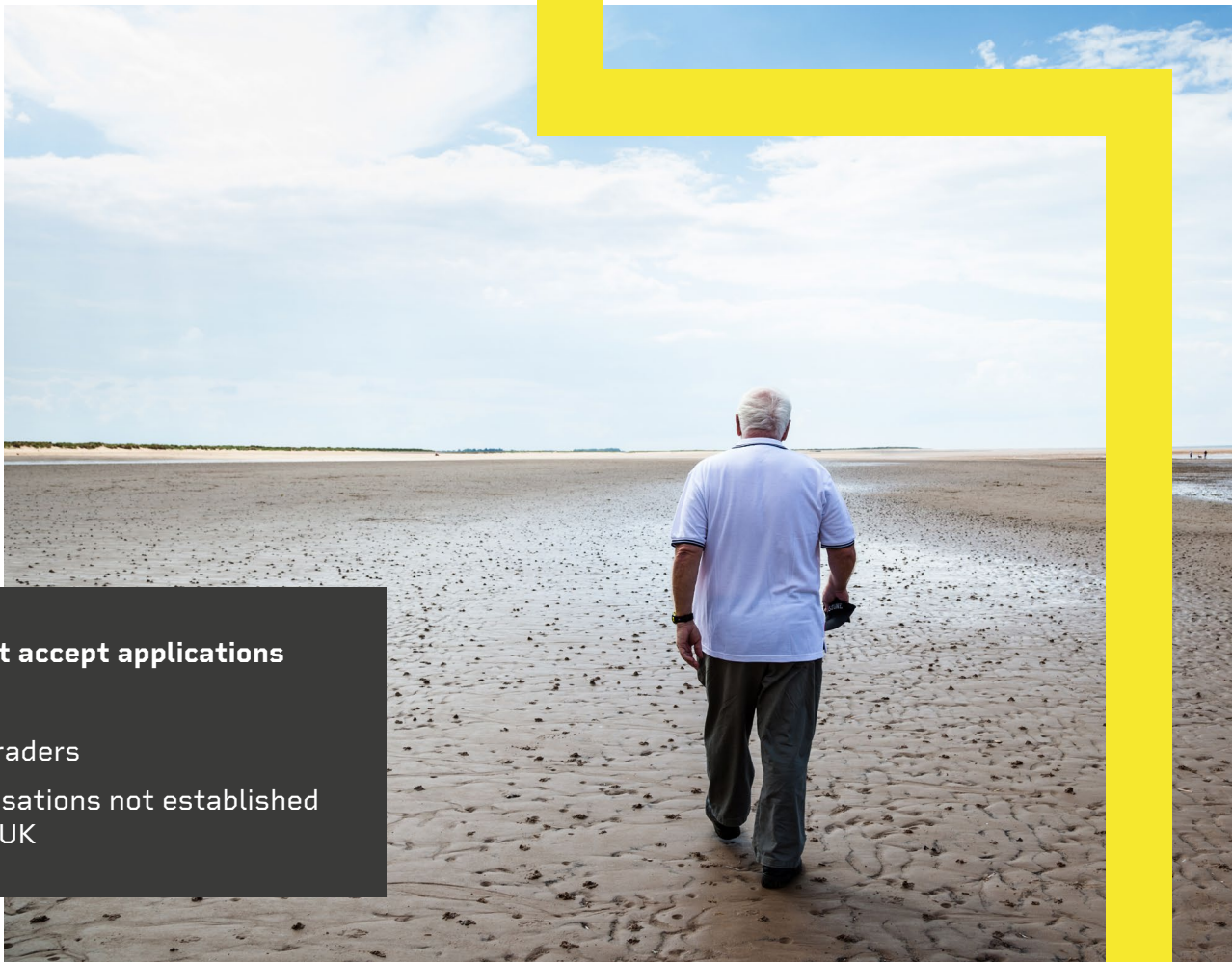
What about COVID-19?

COVID-19 has dramatically changed the way we live our lives as we all do our part to reduce the spread of the virus by staying home. However, government and NHS guidance does encourage us to keep physically active and with this in mind we have temporarily adapted the YALF to include applications which encourage residents and communities to stay active in their homes. We want to support voluntary and community sector organisations (VCOs), local groups and individuals to help people to continue to be active whilst staying home, protecting the NHS and saving lives.

Who can apply?

Any constituted or un-constituted not-for-profit organisation, voluntary or community clubs, registered charities or community interest companies can apply providing that the idea or proposal supports the vision or local voluntary and community action within the South Tees area. We will also accept ideas from individuals who would like funding for an idea or activity as long as it isn't for individual gain (see page 5 for further information on funding individuals).

Although there are no restrictions on the financial turnover of organisations, we will however give priority to those applicants with an annual turnover of less than £250,000.



We can't accept applications from:

- Sole traders
- Organisations not established in the UK

How much can I apply for?

We will fund ideas, activities and projects with a minimum value of £200 up to a maximum of £5,000. Applicants may also wish to consider how they might match fund the amount they are applying for through financial or in-kind contributions. However, this will not affect the decisions made on any application.

What are we looking for and what will we fund?

We are looking for ideas that get local people and communities more active more often and this doesn't have to be sport related. We are wanting to see more innovative ways of getting people motivated and doing more active things that improve their overall mental health and general wellbeing. This can be family focused, aimed at specific age groups or identified communities or communities

of interest. We are open to exploring any new ideas or diversifying / expanding existing projects or community activity.

We can't fund

- Activities that make profits for private gain
- Religious activities (but we can fund religious organisations if the project or idea benefits the wider community and doesn't include religious content)
- Activities that replace government funding (e.g. things that would normally be funded as part of the NHS or local authority's responsibilities)
- Retrospective funding (this is paying for things you have already completed)
- Activities that benefit individuals, rather than the wider community
- Political activities
- Loan repayments

Funding Criteria

The LDP has eleven investment principles and all applications for funding must meet at least one of these principles to qualify for consideration of funding from the YALF. The investment principles are:

- 1** Meet our vision for helping the inactive become more active.
- 2** Consider individuals, communities, organisations, the environment and policy, we call this the “whole system approach.”
- 3** Provide a range of ways of bringing about changes in behaviour across the whole system.
- 4** Be led by an understanding of the needs of our communities.
- 5** Be made through involving communities using co-design.
- 6** Build on the strengths and talents of communities, we call this an “asset-based approach”.
- 7** Build on opportunities identified with and within communities.
- 8** Embrace innovation and encourage calculated risks to be taken to help us to do things differently.
- 9** Tackle inequalities.
- 10** Direct resources to where they are needed most, whilst ensuring that all our target communities’ benefit.
- 11** Create a shared vision and partnership approach that will extend beyond the lifetime of the programme.

We are wanting to encourage more collaboration and peer support across the voluntary and community sector and to facilitate this we will require registered charities who are allocated a grant of £2,500 and above to offer peer support to individuals who receive funding from the YALF.

The YALF team will match individuals to the most appropriate organisation based on their learning and support needs and the type of project or idea. The support offered by the organisation to the individual may include things such as access to networks, expertise in finance or IT or just an opportunity to talk to an experienced member of staff for general guidance.





All funded projects and activities will be expected to report back on learning and outcomes using a range of methods including case studies, videos, photographs and testimonials.

We are more interested in what changed and hearing the story of what happened rather than how many and how often.

All funds allocated will be expected to have been spent within 12 months of the allocation being made.

The first step

We won't start with eligibility. We want to hear about your ideas, and we won't rule out a good idea or project if there are practical areas that can be solved with some advice and support.

HOW TO APPLY

Anyone considering applying will firstly need to submit an expression of interest (EOI) by contacting a member of the team or completing the EOI form.

If you are based in Middlesbrough:

John Atkinson - Community Action and Development Officer,
Middlesbrough Voluntary Development Agency (MVDA)
tel: 01642 955670 / 07852 269486
email: john.atkinson@mvdauk.org.uk

If you are based in Redcar and Cleveland:

Karen McGarrity - Development Officer, Redcar & Cleveland
Voluntary Development Agency (RCVDA)
tel: 01642 440571
email: karen@rcvda.org.uk

This EOI stage will provide you with an opportunity to discuss your idea or proposal with a member of our team who can support you to develop your thinking further and offer general advice as well as assistance with the application process.



Application Process

Once you have completed the EOI phase you can then submit your application for funding. We will accept applications in many formats including video (no longer than 3 minutes), audio (no longer than 3 minutes), face to face presentations to the grants panel or YALF team as well as written applications.

Depending on the amount of funding you are requesting your application will be assessed by the YALF team for grants up to £1000 (subject to Sport England approval). For grants of over £1000 the YALF team will make recommendations to a grants panel made up of representatives from the LDP, YALF team and peers from the local voluntary and community sector who will make the final decision and subject to Sport England approval.

We will hold regular grants review meetings and grants panels with the aim of getting a decision on an application within 8 weeks of the application being submitted.

If you are an individual who is awarded funding and have not been matched with a supporting organisation the funds will be held by the YALF team which you can draw down as and when required subject to approval and by submitting associated invoices for payment or the YALF team can arrange to pay the invoices for you subject to approval.

We suggest that your application should as a minimum clearly outline:

- How much funding you are requesting
- What you will be doing
- Which of the 11 investment principles apply
- How the grant will be spent

Monitoring and Evaluation

Monitoring and evaluation will be undertaken by the YALF team throughout the time period of the project and funding. This will include monitoring visits and meetings proportionate to the funding allocated. An audit of the spend against the funding will also be undertaken to ensure funds are spent in accordance with the grant conditions.

Ongoing support

The YALF team will provide ongoing support and advice throughout the application process and beyond to help ensure your idea, activity or project is as successful as it can be.

