

**A cough for more than 3 weeks
that won't go away?**

Chest pain for more than 3 weeks?

Coughing up blood?

**Don't ignore these symptoms.
Get them checked by going along to a**

DROP IN CHEST X-RAY

**THE JAMES COOK UNIVERSITY HOSPITAL
X-RAY DEPARTMENT**

every Monday, Wednesday and Friday • 7am-11am

ONE LIFE CENTRE - X-RAY DEPARTMENT

every Tuesday and Thursday • 3pm-7pm

**You don't need an appointment, just turn up at one of the sessions and you will be seen.
This service is for smokers aged 50 and over.**

Check the symptoms and find your nearest session at:

reduce-your-risk.co.uk

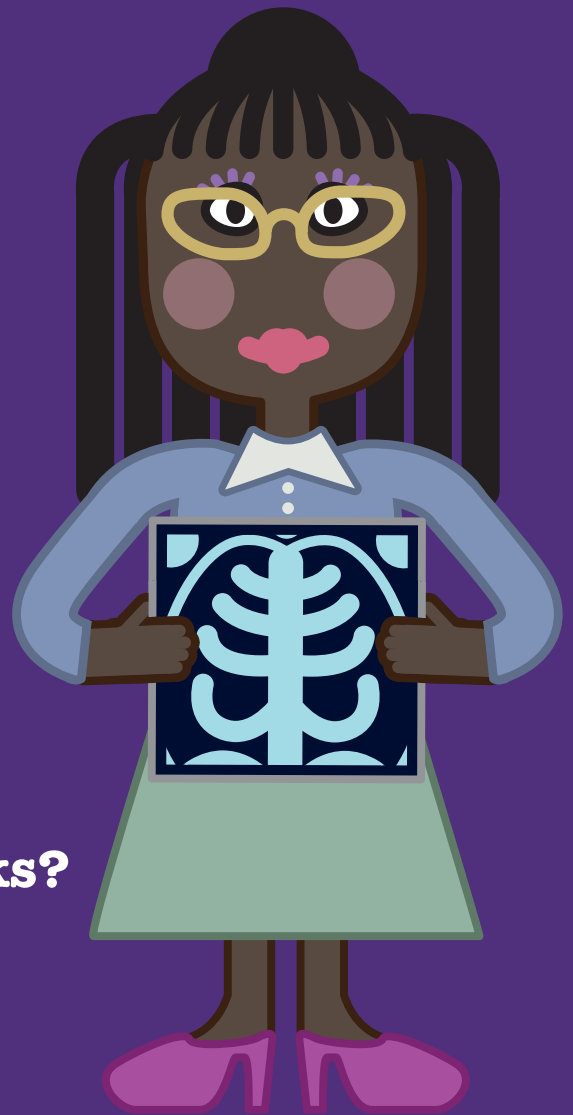
**It
could save
your life!**

Macmillan Integration of
Cancer Care Programme

WE ARE
MACMILLAN
CANCER SUPPORT

NHS

Middlesbrough
moving forward



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