

Resilience Funding – Staying Well

Voluntary and Community Sector Funding

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Funding Overview

The NHS England Community Mental Health Framework sets out its ambition and challenge to local providers to redesign and realign community mental health teams alongside primary care and voluntary sector services. Whilst the framework is aimed at those individuals with severe mental illness (SMI) the framework acknowledges that all sectors need to be part of the redesign in order to keep our local communities well.

In keeping with the core principles of this framework, funding has become available for voluntary sector and community groups across the Tees Valley. As such we would welcome bids in line with the following ethos to support our local communities to stay well:

- Bids that support local communities to stay well; for example, this may include supporting individuals with conditions impacting their mental or supporting individuals who are currently in recovery.
- Bids that enable individuals to contribute to their local communities and to become active participants.
- Bids that support transitions between services to reduce waiting times and allow for warm transfers: actively supporting individuals to make initial links with, and access, other services where this would best meet their needs. Collaborative working across partners and organisations would be strongly welcomed.
- Bids which promote individuals supporting their physical and mental wellbeing.
- Bids which improve quality of life especially in underrepresented groups or those with health inequalities.
- Bids which recognise the health inequalities of local populations and underrepresented groups in either accessing services or staying well within their local communities.
- Bids which are people-led and demonstrate that they have spoken to and involved local communities within the design of the activities the applicant is proposing.
- Bids that show that they have drawn upon the infrastructure and strengths of the area in which they propose to work within and how the proposed work can add value.
- Bids that lead to a reduction in social isolation.
- Bids which provide a proactive outreach offer as well as in-reach.

Writing your Application

Please give careful consideration to the four following points when writing your application to this funding

1. **Focus** – as outlined above, the focus of the investment is on local communities staying well. Please consider the key needs of your community, particularly in terms of health inequalities and under-represented groups and outline how your proposed offer would meet the needs of these groups.
2. **Sustainability** – it is important that any new services or developments to existing services are sustainable, in line with the community transformation agenda for mental health. Please consider how you would ensure that developments are linked to longer term priorities.
3. **Co-creation** – please outline the ways in which you have, or will, engage people who use services/their carers/the local community in helping to shape the offer.
4. **Person centred care** – the principles of person centred care and that which considers the impact and consequences of symptoms resulting from trauma will be clear in all bids. These are likely to include elements such as awareness of difference, culture and diversity, consideration of the role of peer support, offering choice, and working in ways that promote individually tailored care, empowerment, collaboration, trust, and safety. Please outline the ways in which these principles will be considered.

The Application Process

Eligibility Criteria

Before you begin your application, please check that you meet the eligibility criteria below:

- The applicant does not have to be a registered charity, but they must be able to demonstrate that they are a group with a set of rules, management structure and either a separate bank account in their name or evidence that funds are held by another organisation, for example, a registered charity.

Funding Criteria

Please make sure that your bid only applies for funding within the following criteria:

- Funding can be either capital or revenue.
- Funding applications sought between £2,500 and £5,000.
- Applications cannot be retrospective.
- This cannot fund work already underway.

Application Forms

All applications must be submitted through our online application form, which can be found here: <https://www.rcvda.org.uk/staying-well-application>. Applications can be saved and resumed at a later date.

Closing Date

Applications must be submitted by **9am** on **13th March 2023**.

Confirmation of Submission

Once you have submitted your application you will receive a confirmation email acknowledging its receipt. If you do not immediately receive this email then please check your SPAM folder prior to calling us on 01642 440 571.

Request for Further Information

If we require any further information, we will contact the person you have named on your application form, so please make sure that you provide us with the correct contact details.

Notification of Funding Decision

Applicants will be contacted during the week commencing the 20th March as to the outcome of their application and the funding agreement must be signed the week commencing 27th March 2023.

Application Questions

1. Name and Registered Address of Organisation
2. Main Contact
Please provide name and job title of applicant
3. Contact Details
Please provide telephone number and email address
4. Title of Project/Proposal
5. Overall Funding Requested to the nearest £
Please provide a breakdown of costs if you are requesting more than £5k
6. Background to the Proposal (max. 750 words)
Please tell us a bit about why this funding is needed, what the specific focus of the proposal will be, what gaps it may address in existing services for vulnerable groups and provide any data that will support your application.
7. Proposal Detail (max. 750 words)
What will you do with the funding? How will it be used? What are the proposed aims and outcomes of this proposal? How will you know your proposal has been successful?
8. Target Group(s) (max. 750 words)
Who is your proposal aimed at and why?
9. Consultation (max. 750 words)
How do you know this proposal is needed? Who have you consulted with? i.e. local communities, target groups, etc.
10. Impact
What difference do you anticipate your project will make to local communities and how will you know it has made that difference?
11. Monitoring and Evaluation
Quantitative feedback will be required on a quarterly basis, with qualitative feedback to be provided every 6 months. Please say how you plan to measure impact?
[See Appendix 1](#)

12. Sustainability (max. 750 words)

This is non-recurring funding, please explain your plans for sustainability and/or your exit strategy or how you will link to community mental health framework in terms of community navigator roles and/or working as a system with local partners?

Appendix 1 - Monitoring and Evaluation Guidance

Applicants will be asked to provide quantitative feedback on a quarterly basis with qualitative feedback every 6 months and a final monitoring form when their project has been completed.

Quantitative

Generic Information

- Target group, number engaged, gender breakdown and ages
- Number of individuals engaged and throughput of those retained in the project

Staying Well

- Number of peer support contacts (if applicable).
- Number of individuals involved in programmes which have supported their physical as well as mental wellbeing (if applicable).

Active Participants within the Community

- The number of individuals who have gained qualifications or employment as a result of participation (if applicable).
- The number of volunteering opportunities offered (if applicable).

System Approach

- Reduced waiting times between services (if applicable)
- Avoidance of accessing wider services such as GPs, secondary mental health services (if applicable).
- Joint working across organisational boundaries: number of partnerships and clear pathways through number of [warm transfers](#).

Qualitative

- Case studies to understand how this has either prevented an individual(s) mental wellbeing deteriorating or supported an individual(s) recovery.
- Difference this has made to those individuals, underrepresented groups.
- Difference this has made for those individuals who have experienced social isolation.
- System approach to working jointly together and building upon strengthened local infrastructure.
- Peer support case studies in demonstrating how individuals have been able to stay well.