

# Pioneering Care Partnership Person Specification



## Community Resilience Worker

|   | Essential | Desirable | I = Interview<br>A = Application Form |
|---|-----------|-----------|---------------------------------------|
| <b>Education and Training</b>   |           |           |                                       |
| Relevant vocational qualification - level 3 or equivalent (Health & Social Care, Health Trainer, counselling etc).  | .         |           | A                                     |
| A Level 4/5 qualification in a relevant subject area incorporating the application of knowledge relating to wellbeing within a social setting.                                    |           | .         | A & I                                 |
| A willingness to undertake mandatory and role specific training within a specified timescale.   | .         |           | A & I                                 |
| Good overall sector based training covering a range of motivational and behavioural change techniques along with health and wellbeing interventions.                              |           | .         | A                                     |
| <b>Skills/Competencies</b>  |           |           |                                       |
| Experience of delivering behaviour change interventions in both 1:1 and group settings with high levels of success.   |           | .         | A & I                                 |
| Excellent communication and interpersonal skills including the ability to disseminate information in a user friendly format including use of a variety of social media platforms. | .         |           | A & I                                 |
| Ability to demonstrate effective collaborative working in community settings with good organisational and time management skills.   | .         |           | A & I                                 |
| Ability to influence, negotiate and motivate individuals in relation to behaviour change.   | .         |           | A & I                                 |
| Ability to act upon own initiative, responding proactively to changing situations.  | .         |           | A & I                                 |

|   |   |   |                  |
|---|---|---|------------------|
| Ability to collate information and prepare reports.   |   | . | <b>A</b>         |
| Sound understanding of the factors affecting Mental Health with a good understanding of the challenges faced by people living with the effects of COVID-19 and Long COVID19.                |   | . | <b>A &amp; I</b> |
| <b>Experience</b>   |   |   |                  |
| Extensive experience of client engagement and support principles in context to community outreach work.   | . |   | <b>A</b>         |
| Experience of supporting volunteers and assisting them to develop skills/competencies within a variety of place based settings.   |   | . | <b>A &amp; I</b> |
| Experience of community mental health, wellbeing interventions.   | . |   | <b>A &amp; I</b> |
| Experience of delivering support for adults, developing personalised action plans to enable safe and appropriate connections to a range of support services and community based activities. | . |   | <b>A &amp; I</b> |
| Experience of working in partnership to deliver client support interventions, including group and 1:1 formats.  | . |   | <b>A &amp; I</b> |
| Experience of working collaboratively within a multidisciplinary team, using referral pathways to appropriately signpost clients to access a range of interventions and support services.   | . |   | <b>A &amp; I</b> |
| Experience of evaluating projects or services using a range of techniques.  |   | . | <b>A &amp; I</b> |
| An understanding of Asset Based Approaches and experience of applying this within a community based setting.  | . |   | <b>A &amp; I</b> |
| <b>Knowledge</b>  |   |   |                  |
| Extensive knowledge and understanding of mental health issues and Knowledge and skills of engagement, motivational, and behaviour change approaches.  | . |   | <b>A &amp; I</b> |
| Sound knowledge of County Durham and the health/lifestyle issues people face living in County Durham.   | . |   | <b>A &amp; I</b> |
| Knowledge and understanding of community working, lone working, and ability to maintain safety whilst working in the community.   | . |   | <b>A &amp; I</b> |
| A good understanding of personal limitations, ability to identify when to seek advice and support, and deal with issues in a professional manner.   | . |   | <b>I</b>         |

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| Personal Qualities  |   |  |       |
|---|---|--|-------|
| Current driving licence and access to a vehicle.  | • |  | A     |
| Passion for improving the community.  | • |  | I     |
| Flexible and a good team player.  | • |  | A & I |
| Sympathetic, pleasant manner with the ability to negotiate changes with a wide range of people and at all levels. | • |  | I     |