**Task Profile**

**Volunteer Walk Leader**

**Purpose**

Volunteers will attend Carers Together walks alongside Carers Together staff to provide a safe and enjoyable walks for carers and the person they care for. Volunteers may also plan and develop walks for carers

Carers Together events and activities are a valuable opportunity for carers to meet other carers and share experiences about their caring role as well as enjoying the mental and physical benefits of walking and being outside.

**Core Tasks**

* Lead or provide back support on Carers Together walks
* Ensuring all attendees feel included and welcome
* Administration duties including attendance lists
* Volunteers may also have the skills and would like to may also plan, develop, reccie and risk asses walks for carers

**Skills**

* Good people and listening skills
* Good administration and organisation skills
* Basic map reading skills

**Knowledge**

* Knowledge of carers’ legislation and the issues carers face would be beneficial
* Knowledge of the local area and walking routes
* Knowledge of safeguarding

**Understanding**

* Understanding of the importance of confidentiality, appropriate boundaries, safeguarding and the needs of carers and those they care for
* A basic understanding of the role of carers and the issues they face

**Qualities**

* Friendly and approachable
* Fit and active
* Enjoy meeting new people
* Ability to use discretion when appropriate

**Training**

All volunteers will receive Carers Together mandatory training and induction, this role also requires volunteers to complete walk leader training and first aid training which will be provided by Carers Together, as well as other training opportunities as they arise. All volunteers will be required to have an enhanced DBS check.